Communication and Autism | SEND BIRMINGHAM | Birmingham City Council

# What are People Games and Play?

People games are fun, physical activities that you can play with CYP to help build their interaction and communication skills. These games do not include toys because *you* are the part of the interaction that is fun!

People games are particularly helpful for children with autism and other social communication difficulties because they provide many opportunities to build some of the key interaction skills that these children often have difficulties with.

**These skills include:**

- **Connecting with others for social reasons**
- **Paying attention to others**
- **Copying what others do**
- **Waiting for others to take a turn**
- **Taking a turn in an interaction**
- **Using sounds, words and actions as part of a game**

# How to Play People Games

People games are played the same way each time. Frame the game with 'ready, steady, go.' Use a clear finish.

Repetition allows you to use the same actions and words over again to build anticipation. Map words to the actions in the game - like 'jump, jump, jump - stop!'

This makes it easier for the CYP to learn the words/ actions and how to play the game

You can make up your own games based on the CYP's interests. If they like to jump or spin - make up a game which uses their interests.

**Remember! People games should be fun.**



For more information, advice or modelling speak to your allocated school CAT.