Secondary School Visual Timetable

Many autistic pupils find it difficult to understand and process verbal language; especially when in a busy information rich environment such as school. Visual aids can enable learners to better process instructions and support with daily transitions. A visual timetable provides a schedule that sets out the routine and expectations of the day. Visual timetables can be presented as individual plans or on the wall in a classroom.

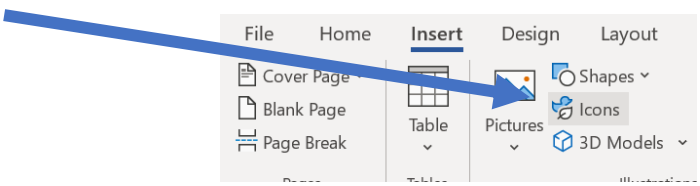
A visual timetable can help with:

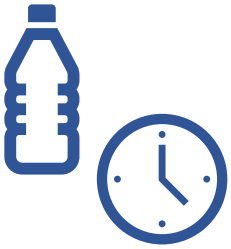
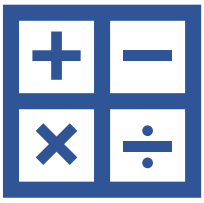
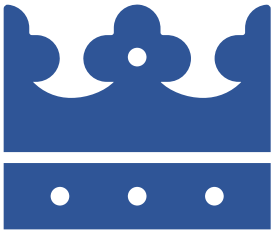
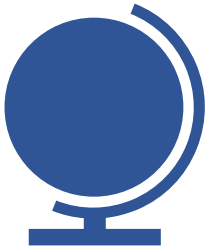
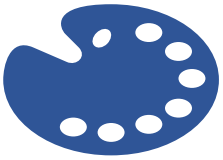
- Developing memory and recall skills.
- Organisation and independence skills.
- Developing working memory skills.
- Executive functions (planning, predicting, monitoring, and timing).
- Support to prepare for unexpected events or when changes are happening.

Visual timetables are easy to set up. Here are some rules to follow:

1) The simpler the better. Fancy visuals although look nice, may not be helpful.
2) Use the same visuals as part of a whole school approach. In a secondary school learners visit many classrooms in a school day, so it is important to display the visual associated with each subject.
3) Display 'whole day' visual timetables in form time.
4) If you have autistic learners in a form with an individual visual timetable; spend time with them during Form Time to make sure they are prepared for the day ahead.
5) Use the visual timetable as a reference to support with organisation and to encourage independence.

See the examples provided. To create bespoke subject areas, you can use MS Word Icons.



 Registration	 Lunch Time	 Break Time
 Mathematics	 English	 Science
 Languages (MFL)	 History	 Geography
 Physical Education	 PSHE	 Art

 Design Technology	 Drama	 Computing (ICT)
 Religious Education	 Music	 Business Studies
 Assembly	 Food Technology	 BTEC
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